



# SHIBPUR DINO BUNDHOO INSTITUTION (COLLEGE)

(1948)  
UG Degree & PG Degree College (Affiliated to the University of Calcutta)  
Re-Accredited with "C" Grade (1.96/4.00 CGPA) by NAAC

Date: 14-07-2026

## NOTICE

### **Periodical Mental Well-Being Audit of the Students**

Under-graduate Departments (Morning, Day & Evening Section) All Semesters (Academic Session 2026-27)

As directed by the higher authority, pursuant to the directives of the Hon'ble Supreme Court of India and the recommendations of the National Task Force Survey on Mental Health, **periodical mental well-being audit of the students will be held on 15-07-2026 (Wednesday) from 11.45 a.m. onwards in Room No. 44.**

**All students are hereby advised to attend the session positively**

Periodical Mental Well-Being Audit of the Students will be conducted by

**Nodal Officer: Dr. Aparna Mazumder, HOD, Department of Philosophy**  
**Help-Desk Officer: Prof. Asish Majhi, Department of Philosophy**

All teachers (Mentors) are requested to advise their respective students (Mentees) to attend the session positively.

- Awareness and sensitization:** Addressing stigma and discrimination associated with mental health and well-being issues. "Critical life skills (including financial literacy, digital literacy, commercial skills, health).
- Counseling services:** Providing students with emotional support and guidance.
- Capacity building:** Building capacity by the MENTORS to address mental health issues in students.

*Aparna Mazumder*  
Dr. Aparna Mazumder 14.7.26  
Nodal Officer

Periodical Mental Well-Being Audit of the Students

*Manish Chakraborty*  
Principal  
SHIBPUR DINO BUNDHOO INSTITUTION COLLEGE

Principal  
Shibpur Dinobundhoo Institution (College)